

Mental Health First Aid Certification

Mental Health First Aid (MHFA) teaches you how to recognize when someone is experiencing a crisis and how to help them. You will learn the signs and symptoms of common mental illnesses, substance use disorders and a five-step action plan. This 8-hour class teaches the learner with limited or no medical background how to become a mental health first-aid for adults. Please bring your lunch. Registration/refund/withdrawal deadline: 3/11.

EDUC:766 | \$65

Section 4D0

Saturday, April 1

8am-4:30pm

Instructor: **Gwen Boyd MSN, MA, RN-BC**
*St. Louis Psychiatric Rehabilitation Center,
Room A201, 5300 Arsenal Street, 63139*



Call 314-984-7777 to register today!

Non Discrimination and Accommodations statements

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact Patricia Henderson of Human Resources, 314-539-5214.

If you have accommodation needs, please contact Ann Marie Schreiber, 314-984-7704, at least three weeks prior to the class or event.

Register:



By Phone:
314-984-7777

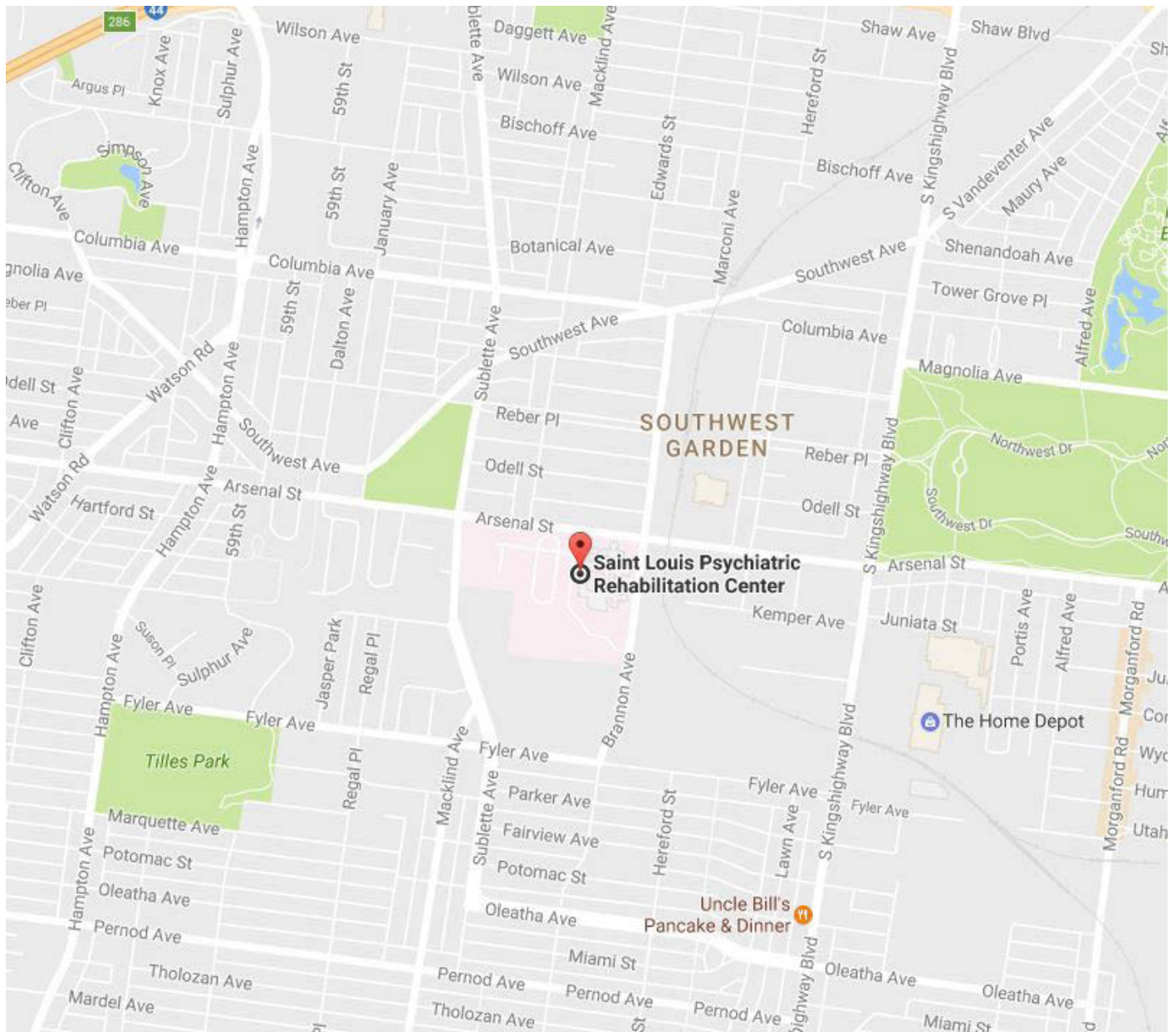


Online:
Have your credit
card ready



At the Office of
Continuing Education,
St. Louis Community
College

St. Louis Psychiatric Rehabilitation Center, Room A201 5300 Arsenal Street, 63139



Enter the campus from Arsenal. Pass the gate, and at the first stop sign make a left turn heading toward the two-story brick building with flagpole out front. Ample parking is available.

Enter building via front door into main lobby where steps and elevator are available.

Class will be held on 2nd floor in Room A201.